15 Exercisés We'd Be Better Off Without in 2010

- ✓ Jumping on the bandwaqon
- Wading through
 paperwork
- ✓ Running around in circles
- □ Pushing your luck
- ✓ Spinning your wheels
- Adding fuel to the fire
- Beating your head against the wall

- ☑ Climbing the walls
- ☑ Beating your own
 drum
- □ Dragging your heels
- □ Jumping to conclusions
- ☑ Fishing for compliments
- □ Throwing your weight around
- ☑ Passing the buck