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Each year, God asks us to shed one more coat of awareness, one more dream state and come alive to the vision of God's plan for each of us and the world-at-large.

The older we get, the harder this is to do. As children we had a sense of wonder. Our eyes were wide open and drinking in the fascinating gifts we beheld ...Our thirsty souls could not have enough of the wonders of creation.

Then, somehow, we grew too old to dream. We tired of the abundance of the world, or at least grew weary of keeping up with the feast of life, and stepped away from the banquet of life.

The natural gift of wonder God gave us as children was meant to be kept alive....Instead we let wonder go to sleep. We entered the typical dream state of most humans.

Why else does Jesus tell us today, 'Stay awake!' ... Advent says, 'Wake up and realize the gifts of love you have received.'

...Psychology says, 'Let go.' Spirituality says, 'Wake up.' In both cases there is a withdrawal from the busyness of daily life (our dream state) and a waking up to the subconscious and spiritual depths of ourselves.