



THE 23RD PSALM FOR BUSY PEOPLE



THE LORD is my pacesetter I shall not rush,
He makes me stop and rest for quiet intervals
He provides me with images of stillness, which
restores my serenity.

He leads me in the way of efficiency through calmness of
mind,

And His guidance is peace.

Even though I have a great many things to accomplish each
day

And crisis may pile upon crisis

I will not fall apart for His presence is here,

His timelessness, His all importance will keep me in
balance.

He prepares refreshment and renewal in the midst of my
activity.

He anoints my mind with His oils of inspiration.

My cup overflows.

Surely harmony and effectiveness shall be the fruit of my hours,

For I shall walk in the peace of the Lord

And dwell in His house forever. Amen.