

Apple Seeds

Franciscan University of Steubenville Steubenville, OH 43952-1763



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MOST IMPORTANT

Anonymous

"The way you teach is very important, and what you teach is even more important; but how you live is most important."



USE LANGUAGE

Pope John Paul II, 4/4/2004

"It is necessary to know how to use language that is capable of transmitting positive messages and of promoting ideals and noble initiatives in an attractive way."

COME ALIVE

Howard Thurman

"Don't ask yourself what the world needs, ask yourself what makes you come alive. And then go and do that. Because what the world needs is people who are alive."

NEGATIVE INFLUENCES

Napoleon Hill *Think & Grow Rich*, p. 281

"...there is another evil which people suffer. It constitutes a rich soil in which the seeds of failure grow abundantly. It is so subtle that its presence often is not detected. This affliction cannot properly be classed as a fear. It is more deeply seated and more often fatal...For want of a better name, let us call this evil susceptibility to negative influences.

DO SOMETHING

Anonymous

Saints

"'I must do something' will solve more problems than to say 'Something must be done.'"

ON PERSEVERANCE

Lord Dundee

"The difference between perseverance and obstinacy is that perseverance means a strong will and obstinacy means a strong won't."

SPIRITUALITY–WAY OF LIFE

Ernest Kurtz

The Spirituality of Imperfection, p. 68

"Spirituality is, above all, a way of life. We

don't just think about it or feel it or sense it around

us—we live it. Spirituality permeates to the very core of our human be-ing, affecting the way we perceive the world around us, the way we feel about the world, and the choices we make based on our perceptions

and sensations. In the experience of spirituality, three essential elements are always at play: what we see, how we feel, and why we choose."

AT ONE'S POST

C.S. Lewis

T.S. Eliot

"The greatest thing is to be found at one's post as a child of God, living each day as though it were our last, but planning as though our world might last a hundred years."

GO FAR

"Only those who risk going too far can possibly find out how far one can go."

PRICE OF SUCCESS

Coach Vince Lombardi

"The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand."

WITNESSES OF GOD'S LOVE

CONNECTIONS, 12/11/94

"...we are called to be witnesses of God's love by the love we extend to others; precursors of his justice by our unfailing commitment to what is right and good; lamps reflecting the light of God's Christ in our forgiveness, mercy and compassion; harvesters of souls through our humble and dedicated servanthood."

LEADERSHIP PRACTICES

Kouses & Posner *The Leadership Challenge*, p. 8

"CHALLENGING THE PROCESS. Leadership is an active, not a passive process. While many leaders attributed their success to 'luck' or 'being in the right

place at the right time,' none of them sat idly or waited for fate to smile upon them. Although the distinctive competencies of a person may fit the needs of the moment, those who lead others to greatness seek challenge."

BEING THANKFUL

Brett Blair www.eSermons.com, Nov., 2000

"Our forefathers were not so much thankful for something as they were thankful in something. In bounty or in want they were thankful. In feast or in famine they were thankful. In joy or in misery they were thankful. There is a big difference between being thankful for things and being thankful in all things."

MAN READING

Ezra Pound

POWERQUOTES (http://discian.com)

"Properly, we should read for power. Man reading should be man intensely alive. The book should be a ball of light in one's hand."

FULLY ALIVE PEOPLE

Fr. John Powell, SJ *A Life-Giving Vision*, p. 4

"...fully alive people are those who are using all of their human faculties, powers and talents. They are using them to the full. These individuals are fully functioning in their external and internal senses. They are comfortable with and open to the full experience and expression of all human emotions. Such people are vibrantly alive in mind, heart, and will. There is an instinctive fear in most of us, I think, to travel with our engines at full throttle. We prefer, for the sake of safety, to take life in small doses. The fully alive person travels with the confidence that if one is alive and fully functioning in all parts and powers, the result will be harmony, not chaos."

OVERFLOWING GRATITUDE Fr. Brian Cavanaugh, TOR

"Here's a thought based on Oprah's book club: Sit down at the end of each day and write out 5 things for which you are grateful.

We go through life each day so unaware, and take for granted so many things. There are those persons, unseen and unknown, to whom we need to be grateful. We take for granted turning on a light switch. We assume electricity will light the lamp, but how about the people that keep the system running? Same for the water, and the supermarket. We walk in and everyday it's filled with food. How did it get on

the shelves? How did it get to the stores? How did it get out of the fields? How did it first get planted?

Everyday we need to overflow with gratitude. Looking at life from such a perspective will begin to

The LORD has done

great things for us, and we are filled

with joy.

Psalm 126:3

change our daily attitude towards all life, and, possibly, even towards our self and others."

ONES' BETTER SELF Eleanor Porter

"Instead of always harping on a man's faults, tell him of his virtues. Try to pull him out of his rut of bad habits. Hold up to him his better self, his real self that can dare and do and win out."

MISSIONARY PROBLEM Robert E. Speer PULPIT HELPS, JULY 2000, P. 5

"After thirty years of leadership in Christian work, it is my conclusion and conviction that the greatest missionary problem is just the failure of Christian people to live up to their profession."

CHARACTER DEVELOPMENT Helen Keller

"Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved."

THE FARMER'S SHADE TREE Abraham Lincoln

Abraham Lincoln, a noted storyteller, recalled that "there was a farmer who had a very large shade tree towering over his house. It was a majestic-looking tree, and apparently perfect in every part—tall, straight, and of immense size—the grand old sentinel of his forest home. One morning, while at work in his garden, the farmer saw a squirrel run up the tree into a hole; he wondered if the tree might be hollow.

He proceeded to examine the tree carefully and, much to his surprise, he found that the stately tree that he valued for its beauty and grandeur was hollow from top to bottom. Only a rim of sound wood remained, barely sufficient to support its own weight.

What was he now to do? If he cut it down, it would do great damage with its great length and enormous spreading branches. If he let it remain, his family was in constant danger. In a storm it might fall, or the wind might blow it down, and his house and children be crushed by it. What should he do? As he turned away, he said sadly: 'I wish I had never seen that squirrel?'"