Steps to Maturity

Source Unknown

Maturity is the ability to handle frustration, control anger, and settle differences without violence or destruction.

Maturity is patience. It is the willingness to postpone gratification, to pass up the immediate pleasure or profit in favor of the long-term gain.

Maturity is perseverance, sweating out a project or a situation in spite of opposition and discouraging setbacks.

Maturity is unselfishness, responding to the needs of others (teammates).

Maturity is the capacity to face unpleasantness and disappointment without becoming bitter.

Maturity is the gift of remaining calm in the face of chaos. This means peace, not only for ourselves, but for those with whom we live and for those whose lives touch ours.

Maturity is the ability to disagree without being disagreeable.

Maturity is humility. A mature person is able to say, “I was wrong.” He is also able to say, “I am sorry.” And when he is proven right, he does not have to say, “I told you so.”

Maturity is the ability to make a decision, to act on that decision, and to accept full responsibility for the outcome.

Maturity means dependability, integrity, keeping one’s word. The immature have excuses for everything. They are the chronically tardy, the no-shows, the gutless wonders who fold in the crises. Their lives are a maze of broken promises, unfinished business, and former friends.

Maturity is the ability to live in peace with that which we cannot change.