“What Makes It All Worthwhile?”

~ A Simple, Profound Question ~

by Coach Frank DiCocco

I was recently asked by a fellow colleague, why exactly it is that I coach the sport of football. He wanted to know, specifically, what it was that made all the time and work worthwhile.

**And to his questions, I answered the following:**

“To live on in the hearts and souls of those you have led…
To impact others in ways that transcend mere words, but lifetimes…
To make a difference in this world, in more ways than one…
To craft a worthy and worthwhile character for yourself.
And to help show others how to craft their own as well…
To leave for yourself a legacy of honor, class, courage,
Integrity, hard work, passion, determination, honesty,
Compassion for others, and enthusiasm for life…
To leave an example worth following…
Ultimately, in the final analysis of it all:
To have lived a life worth repeating…
To have loved it all in the process…
That, my friend, makes it all worthwhile.”

“What makes it all worthwhile?” He was talking about coaching the sport of football. But really, he could have been talking about any important profession, career, or endeavor. In truth, he really could have been talking about the very process of living life itself.