Actually, February is really the perfect month for Lent. In the midst of our sense of hopelessness and despair, Lent challenges us to take a break, to put things on hold for a moment, to step back and look at ourselves and the lives we are leading. The season challenges us to confront those things and situations that make us less than what we – and God – want us to be.

The weather notwithstanding, our Lenten February speaks to us of hope: that we can be reborn and re-created in the life and love of God as sure as spring and summer will dawn. Let us enter the ‘wilderness’ this month with Christ that, in the quiet and peace of Lent, we may rediscover hope and purpose, and rekindle to light and warmth of God’s love in our lives.