

# *The Power of Choice*

**H**ow many choices have you made already today?  
How many more choices will you make by the end  
of the day?

Believe it or not, the power within your choice is  
astonishing. With your choice you have:

The power to build, or the power to destroy.

The power to listen, or the power to ignore.

The power to encourage, or the power to discourage.

The power to understand, or the power to confuse.

The power to reach out, or the power to turn away.

The power to compliment, or the power to criticize.

The power to hope, or the power to fear.

The power to act, or the power to stand still.

Your choice gives you the power to decide WHO you are  
each and every day.

Regardless of the choices that you made yesterday, last  
week, last month or last year, today brings forth a  
new possibility.

**Who will you decide to be today?**