

# "The Beginning of a New Day"

adapted from  
Dr. W. Heartsill Wilson

This is the beginning of a new day.  
I have been given this day to use as I will.  
I can waste it or use it for good.

What I do with today is important,  
Because I am exchanging a day of my life for it.  
When tomorrow comes, this day will be gone forever,  
Leaving in its place something I have traded for it.

I want it to be a gain, not a loss;  
I want it to be good, not evil;  
I want it to be success, not failure...  
In order that I shall not regret the price I paid for it.

I have been given this day to use as I will,  
And I will do my best to use it well...  
Because today is more than just a day—  
It is the stepping stone to my future success;  
Because the future depends on what I do in the present,  
And because tomorrow depends on what I do today.

This is the beginning of a new day.  
I have been given this day to use as I will,  
And I will do my best to use it well...  
How will you use your day, today?