



Apple Seeds®

Franciscan University of Steubenville
Steubenville, OH 43952-1763

Email: appleseeds@franciscan.edu ♦ Web Site: <http://www.appleseeds.org>



Volume 24, # 1

September 2008

Apple Seeds® begins its twenty-fourth year of sowing “seeds” of inspiration and motivation. The intent of this publication is to provide quotations and short stories from eclectic sources that promote positive attitudes and personal development of holistic human potential—from tiny seeds to ripened fruit. Your favorite quotes, stories or suggestions that would enhance **Apple Seeds®** are appreciated. Send them to the address listed above.

Plant these “seeds” well and water often. Enjoy!

GOOD LISTENER

Wilson Mizner
www.Motivational-Messages.com

“A good listener is not only popular everywhere but after a while he gets to know something.”



ON MURMURING

St. Benedict
Rule of St. Benedict, Chapter 5: On Obedience

“For if the disciple obeys with an ill-will and murmurs, not necessarily with his lips but simply in his heart, then even though he fulfill the command yet his work will not be acceptable to God, who sees that his heart is murmuring. And, far from gaining a reward for such work as this, he will incur the punishment due to murmurers, unless he amend and make satisfaction.”

ACQUIRE THE HABIT

Napoleon Hill
Think & Grow Rich, p. 159

“Keep your eyes and ears wide open—and your mouth closed, if you wish to acquire the habit of prompt decision.”

LORD, GRANT ME...

Anonymous

“Lord, grant me the hindsight to know where I have been,
the foresight to know where I am going, and
the insight to know when I have gone too far.”



ACCUMULATION OF THINGS

Jay Cormier
CONNECTIONS, Oct. 1994, p. 2

“Throughout our lives, we collect and accumulate all kinds of things—from pots and pans to cher-

ished old photographs—to help us make the journey from one milepost of life to the next; but often the accumulation of savings accounts and hope chests can weigh us down, preventing us from moving on in our lives—the wealth and prosperity that should enable our journey become more important than the journey itself.”

WISDOM SEEDS

William Arthur Ward

“It is important to think;
It is important to dream;
It is necessary to plan;
It is vital to act.”

EDUCATION IS...

William Butler Yeats

“Education is not the filling of the pail,
but the lighting of the fire.”

DARE TO DREAM

Rev. Robert Schuller
POSSIBILITIES, Jan. `85

“The dreamer is a winner. The daring-to-try person is a winner. It is impossible to be a total loser if you will only start. That’s because the person who begins has won the battle over inertia.

Some of you are failures for only one reason—you don’t dare to start. If you dare to begin, you will surely win at least round one.”

LIFE’S TWO PAINS

Jim Rohn

“We must all suffer from one of two pains: the pain of discipline or the pain of regret. The difference is discipline weighs ounces while regret weighs tons.”

DEEP WELLS WITHIN

Richard E. Byrd
www.inspirelist.com

“Few men during their lifetime come anywhere near exhausting the resources dwelling within them. There are deep wells of strength that are never used.”

EXCELLENCE IS A HABIT

Aristotle
POSITIVE PRESS (www.positivepress.com)

“Excellence is an art won by training and habituation. We do not act rightly because we have virtue or excellence, but rather we have those because we have acted rightly. We are what we repeatedly do. Excellence, then, is not an act but a habit.”

TEAM BUILDING

Neil Eskelin
www.NeiiEskelin.com

“Teams don’t work because of conformity. It is diversity—linked by a common vision that creates the magic. That’s the surprising truth about team building.”

PRAYER FOR HEALING

Fr. Joe Mol

“Lord, You invite all who are burdened to come to you. Heal me with your healing hand. Touch my soul with Your compassion for others.

Touch my heart with Your courage and infinite love for all. Touch my heart with Your wisdom, that my mouth may always proclaim Your praise. Bring me health in body and spirit that I may serve you with all my strength. Touch this life that You have created. Amen.”

CHAMPIONS ARE MADE...

Anonymous

“Champions are not made in the gyms. Champions are made from something they have deep inside them—a desire, a dream, a vision.”

PEACE IN LIFE

Francois Fénelon

“Peace does not dwell in outward things but within the soul; we may preserve it in the midst of the bitterest pain, if our will remains firm and submissive. Peace in this life springs from acquiescence to, not in an exemption from, suffering.”

FAIRY TALES & POLITICS

ATLANTA JOURNAL-CONSTITUTION

A youngster asked his father, “Dad, do all fairy tales start with, ‘Once upon a time?’”

The father replied, “No, son, some of them start with, ‘When I am elected...’”

I SAY GRACE

G.K. Chesterton

“You say grace before meals. All right. But I say grace before the concert and the opera, and grace before the play and pantomime, and grace before I open a book, and grace before sketching, painting, swimming, fencing, boxing, walking, dancing, and grace before I dip the pen in the ink.”

ART OF CONVERSATION

Dorothy Nevill
WISDOM SEEKERS, (<http://enduringwisdom.com>)

“The real art of conversation is not only to say the right thing in the right place, but, far more difficult still, to leave unsaid the wrong thing at the tempting moment.”

REVERENT ATTENTIVENESS

Fr. Benedict Groeschel, CFR
LIVING FAITH, Apr-May-June, '04

“The very impulse that causes some to look for revelations and unusual signs is present in many, perhaps most, religious people to some degree....

What we really need is not extraordinary signs of this presence in visions and revelations, but a sense of reverent attentiveness to this religious experience as it comes to us in ordinary ways....

As St. Augustine poignantly wrote: “The only thing I really fear is Jesus passing by.”

GOOD TO GREAT

Jim Collins

“Good is the enemy of great.

Few people attain great lives, in large part because it is just as easy to settle for a good life. The vast majority...never become great, precisely because the vast majority become quite good—and that is their main problem...Greatness is not a function of circumstance. Greatness, it turns out, is largely a matter of conscious choice.”

TWO DUMB QUESTIONS

Source Unknown

A wise man once said that all of fallen human history is sandwiched between two questions. The first is, “What could it hurt?” followed sometime later by the second, “How was I supposed to know?”

Wisdom teaches us that both of these questions are when you boil it all down—DUMB!



SEPTEMBER 11
Remembrance