

# Apple Seeds

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## **LESSON FOR STUDENTS** Earl Nightingale

"The Way Will Clear," INSIGHT, #63, p. 4

"There's a great lesson in a story for students who wonder about the necessity of going on, day after day, studying subjects in which they find no particular interest, and which seem to be leading nowhere. Remember the line, 'And the work you began in the fog you continue in the sunlight.' Just stay with your studies, do your best each day, and you'll find a valuable place in your future for what you're learning today."

#### **LIGHT SHINE**

William Blake

"He whose face gives no light shall never become a star."

#### TRUE WISDOM

Akhenaton

"True wisdom is less presuming than folly. The wise man doubts often, and changes his mind; the fool is obstinate, and does not doubt; he knows all things but his own ignorance."

#### WISDOM SEEDS

William Arthur Ward

"Write a new plan;
Turn a new page;
Follow a new direction.
Watch a new program;
Be a new person;
Radiate a new enthusiasm."

#### LOOK FOR AN OPPORTUNITY

Rabbi Menachem Mendel Schneerson

"Wherever you go, whomever you meet, look for an opportunity to help, to inspire, to lend support."

#### **PROCLAIMING PEACE**

St. Francis of Assisi

"While you are proclaiming peace with your lips, be careful to have it even more fully in your heart."

#### READINESS FOR RESPONSIBILITY

Dietrich Bonhoeffer

"Action springs not from thought, but from a readiness for responsibility."

USING RESTRAINT Lao Tzu, Tao Te Ching

"In caring for others and serving aven,

Restraint begins with giving up one's own ideas. This depends on Virtue gathered in the past. If there is a good store of Virtue, then nothing is impossible.

If nothing is impossible, then there are no limits..."

#### **INSTRUMENT OF THY PEACE** Alan Paton

"To be the instrument of God's peace is not to confine oneself to the field of personal relationships, but to concern oneself also with the problems of human society, hunger, poverty, injustice, cruelty, exploitation, war.

Some Christians argue that if we would only change men, then society would change of itself. That there is some truth in this, none of us doubts. But the full truth is that we must try both to change man and to change society, and that there are some changes in man that cannot be achieved without some changes in society."

#### **TEST OF CHARACTER**

Unknown

"To courageously straighten again after our heads have been bowed by defeat, disappointment and suffering is the supreme test of character."

#### WORDS UNSPOKEN

Unknown

"Speech may sometimes do harm; but so may silence and a worse harm at that. No insult ever caused so deep a wound as a tenderness expected and withheld; and no spoken indiscretion was ever so bitterly regretted as the word that one did not speak."

## THE CUMULATIVE LAW

Earl Nightingale Insight, #66, p. 14

MISISTERS.

DO NOT BE WEARY

IN DOING WHAT

"No doubt a good many of us have seen a pile-driving machine at its work. Poised in mid air is the weight, or driving part of the machine. Suddenly, this weight of several tons is let loose with a deafening noise upon the pile. We would think that the log would be driven down its full

length with the terrific impact, but it has hardly moved a fraction of an inch....And so on this process continues for weeks until the proper foundation is made.

It is the cumulative process, this constant hammering, this continuous driving force, that finally erects a foundation upon which to build a permanent structure.

It is this same law, this cumulative law, that causes persons of obscurity to become famous. It is this steadiness of purpose that lifts men and women out of the chaos of poverty into the heights of prosperity. It is this sincerity of accomplishment that differentiates between the doer and the wisher."

IS RIGHT.

2 Thessolonians 3:13, NRSV

The and average of the wisher.

# **AMERICA IS A MOSAIC** Bishop Fulton Sheen *Bits & Pieces*, Vol. 21, #7, p. 16

"The idea that America was and is a melting pot was always somewhat of a myth, says former Senator Fred Harris of Oklahoma. What we need, the Senator adds, is to accept people who are different, not attempt to make everyone the same. As Bishop Fulton Sheen once said, 'America is not a melting pot; it is a mosaic."

# FREEDOM FROM EFFORT Theodore Roosevelt "The Strenuous Life" Hamilton Club, Chicago - April 10, 1899

"Freedom from effort in the present merely means that there has been some stored up effort in the past."

## **DO SOMETHING GREAT!**

Steve Goodier
Life Support System.com

It is said that President Abraham Lincoln often slipped out of the White House on Wednesday evenings to listen to the sermons of Dr. Phineas Gurley at New York Avenue Presbyterian Church.

Lincoln generally preferred to come and go unnoticed, so when Dr. Gurley knew the president was coming, he left his study door open. On one of these occasions, the president quietly entered through a side door of the church, took his seat in the minister's study, located just off the sanctuary, and propped the door open just wide enough to hear the preacher.

During the walk home on Wednesday evening, an aide asked Pres. Lincoln his appraisal of the sermon. The president thoughtfully replied, "The content was excellent...he delivered with

eloquence...he had put work into the message."

"Then you thought it was an excellent sermon?" questioned the aide.

"No," Lincoln answered.

"But you said that the content was excellent, it was delivered with eloquence and it showed much work," the aide pressed.

"That's true," Lincoln said, "but Dr. Gurley forgot the most important ingredient. He forgot to ask us to do something great."

There is nothing wrong with average lives and average accomplishments. Most of the good of the world is built on the accumulated efforts of everyday people. But, as Lincoln seemed to know, a life should strive for some greatness.

**CURE FROM DELUSIONS** Rabbi Abraham J. Twerski Growing Each Day, Cheshvan 28 – aish.com

A man went to visit a monk who was also noted for his medical advice. Since he had heard that his visitor was a psychiatrist, the monk wanted to find out new developments in medications for mental illness. The visitor related to the monk the most recent advances.

"Is anything available that can cure someone from delusions?" he asked. The visitor told the monk that delusions were very resistant to treatment, and that while antipsychotic medications could subdue overt psychotic behavior, the delusional thinking itself was difficult to eradicate.

"But what if someone has the delusion that he is the most pious and righteous in today's generation?" the monk inquired.

The visiting psychiatrist could not restrain himself and laughingly replied, "No medication can cure that."

The monk shook his head sadly, "Too bad," he said, "That malady is so widespread."

