



ATTITUDES THAT CAN CHANGE YOUR LIFE

The Sword of Truth

This year, think first of someone else. Take pleasure in the beauty and wonder of the earth. Write a love letter. Share some treasure. Gladden the heart of a child. Welcome a stranger. Thank God for what you are and what you have, whether it be great or small. Mend a quarrel. Give a soft answer. Seek out a forgotten friend. Dismiss suspicion, and replace it with trust. Keep a promise. Find the time. Forego a grudge. Forgive an enemy. Apologize if you were wrong. Listen. Try to understand. Examine your demands on others. Appreciate. Be kind. Be gentle. Laugh a little. Laugh a little more. Deserve confidence. Express your gratitude to others. Pray for peace. Go to church. Love completely. Speak your love. Speak it again. Speak it once again.

These are but inklings of a vast category, a mere scratching of the surface. They are simple things; you have heard them all before; but their influence has never been measured.

This year, they can change your life.