

# LITANY OF FORGIVENESS

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For the times I lacked compassion and concern for others –  
*forgive me, Lord.*

For my failures to pray and take the time to talk to you –  
*forgive me, Lord.*

For not sharing my resources: my time, talent, and treasure –  
*forgive me, Lord.*

For holding grudges and refusing to have a forgiving heart –  
*forgive me, Lord.*

For the times I have criticized and gossiped –  
*forgive me, Lord.*

For not caring for myself physically, emotionally, and spiritually –  
*forgive me, Lord.*

For the ways I misused nature and damaged the environment –  
*forgive me, Lord.*

For my prejudices, biases, and deliberate acts of discrimination –  
*forgive me, Lord.*

For the misuse and abuse of the wonderful gift of sexuality –  
*forgive me, Lord.*

For failing to see your face in the homeless and the helpless –  
*forgive me, Lord.*

For believing I could save myself –  
*forgive me, Lord.*

For not living fully for you –  
*forgive me, Lord.*

For my lack of faith, hope, and love –  
*forgive me, Lord.*

For doubting that you can and will forgive me unconditionally –  
*forgive me, Lord.*

For doubting that you love me with an everlasting love –  
*forgive me, Lord.*

**Amen.**

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