

# Take Time

Old English Prayer  
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**T**ake time to dream, it is hitching your soul to the stars.  
Take time to work, it is the price of success.

Take time to think, it is the source of power.

Take time to play, it is the secret of perpetual youth.

Take time to read, it is the foundation of knowledge.

Take time for worship, it is the highway of reverence  
and washes the dust of the earth from your eyes.

Take time to be friendly, it is the road to happiness.

Take time to help and enjoy friends,  
it is the source of happiness.

Take time to love and be loved, it is the sacrament of life.

Take time to laugh, it is the music of the soul.

Take time for beauty, it is everywhere in nature.

Take time to look around, it is too short a day to be selfish.

Take time for health, it is the true treasure of life.