

We Are Wonderfully Made

Mary DeTurrís Poust

*Cravings: A Catholic Wrestles with Food,
Self-Image and God*



“So often we look in the mirror
as if through a glass darkly,
Seeing not what God has created
But what we have created
In our own minds, our own hearts.
We pray today for the grace
And the wisdom to look beyond
The surface, to see into
Our own souls and recognize
The hand of God at work there.
We are wonderfully made,
Known and loved by our Creator
Before we ever drew breath.”