

Prayer for Sports and Life

The Christophers



Guide us to victory, O Lord, in both competition and life. May our opponents be worthy and compete with skill. May we meet that skill with our own, preparing each other for the challenges that await us in the world.

Guide us toward safe competition, free from injury on either side. Guide us to grow in wisdom, that we may discover both our strengths and our weaknesses.

Guide us to grow in mercy, that we may encourage our teammates, treat our opponents fairly, respect coaches and officials, and maintain grace in both victory and defeat.

Help us to remember that true victory lies in playing the game with effort and class, so that we may glorify You in all things. Amen.